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20th November, 2020

Circular No.: 20027A

Dear Parents/ Guardians,

Home-School Cooperation – Strategy for Handling Children’s Internet Usage

Facing the omnipresence of Internet technologies in our everyday life, the school understands parents’ concerns regarding the excessive use of electronic devices among their children. We would like to share useful negotiation strategies, which were introduced in the ‘Net Surfing with Fun Together’ Parent Seminar jointly organized by the Education Bureau, HKEdCity and Committee on Home-School Co-operation, to help parents facilitate parent-child communication and manage children’s internet usage.

In the seminar, the registered social worker first explained the causes of internet addiction among the younger generation, followed by the tips for parents relating to negotiation with children such as timing, relevant communication techniques and follow-up actions. The video of the seminar is available at <https://bit.ly/2IBqUhW>. You may start watching the video at 21:30 for details of the negotiation skills.

Yours faithfully,

Lee Ting Leung
Principal



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敬啟者：

家校合作 — 與孩子協商網絡使用量的技巧

隨著互聯網在社會上的廣泛應用，不少家長反映難以管理孩子過度使用電子裝置。本校理解家長的關注，特此分享在教育局、香港教育城和家庭與學校合作事宜委員會所舉辦的「網『樂』同行家長講座」中有關親子協商的實用技巧，以協助家長培養子女良好的網絡使用習慣，並促進親子溝通。

在講座中，註冊社工講解了孩子網絡成癮的成因，並分享如何與孩子談判網絡使用量，例如談判時機、溝通技巧及事後跟進等等。家長可前往以下連結（<https://bit.ly/2IBqUhW>）重溫完整講座錄影，亦可由 21 分 30 秒開始重點觀看有關談判技巧的部分。

此致
各家長



陳瑞祺（喇沙）書院校長
李丁亮 啟

二〇二〇年十一月二十日