



20th August 2025

Dear Parents/ Guardians,

Pre-S1 Training Camp 2025

The school is going to organize a two-day-one-night Training Camp for pre-S1 students to develop their confidence and responsibility as well as training their problem-solving skills. The details of the camp are as follows:

Date	27 th August 2025 (Wed) to 28 th August 2025 (Thur)
Venue	The Hong Kong Federation of Youth Groups – Jockey Club Sai Kung Outdoor Training Camp
Reporting time	8:30 a.m. on 27 th August 2025 (Wed)
Reporting place	School Hall
Dismissal time	2:00 p.m. on 28 th August 2025 (Thur)
Dismissal place	Covered playground of the school
Teachers-in-charge	Mr. CK Wong & Ms. HK Wong

Points to Note:

1. The two-day-one-night training camp will be cancelled if on 27th August 2025:
 - i) at 6:00 a.m. EDB announces whole-day schools are suspended;
 - ii) at 6:00 a.m. the Red / Black rainstorm warning signal is in force;
 - iii) at 6:00 a.m. Tropical Cyclone Warning Signal No. 8 or above is in force.
2. If Tropical Cyclone Warning Signal No. 3 is in force until 12 noon on 27th August 2025, students do not have to come back to school. The camp will be cancelled. However, if Tropical Cyclone Warning Signal No. 3 is replaced by Signal No. 1 at or before 12 noon, all students have to assemble in the school hall at 2:00 p.m. and the activity will be continued as scheduled. Please check the school website for the updated arrangement.
3. No electronic devices are allowed. Students can only use their mobile phone from 6:30 p.m. - 6:45 p.m. to contact their parents. Their mobile phones will be kept by the school.
4. In case of emergency, parents can call 5786-9281. This number is for the overnight training camp only.
5. Students are reminded of safety and they must follow the instructions given by the teachers.
6. Students are encouraged not to bring a large amount of money. Octopus card is more preferred.

陳瑞祺(喇沙)書院

九龍何文田常和街四號

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CHAN SUI KI (LA SALLE) COLLEGE

4 SHEUNG WO STREET, HOMANTIN,

KOWLOON, HONG KONG.

TEL : 27118175

FAX : 27621550

Programme Rundown:

Date	Time		Date	Time	
27 th August 2025	08:30-10:00	Gather at school for departure	28 th August 2025	08:15-09:00	Breakfast
	10:00-13:00	Activities		09:00-12:00	Activities
	13:00-14:00	Lunch		12:00-13:00	Lunch
	14:00-18:00	Activities		13:00-14:00	Return to school for dismissal
	18:00-19:00	Dinner			
	19:00-22:00	Activities			
	22:00	Rest			

Suggested items to bring:

T-shirt	sportswear	towel
windbreaker	toothbrush and toothpaste	mosquito repellent
slippers	shampoo and shower gel	medicine (if necessary)
sports shoes	sunscreen	water bottle
umbrella	raincoat	pens

Yours faithfully,

Lee Po Chu Fiona

Principal



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敬啟者：

「準中一訓練營 2025」

學校將會為準中一生舉辦一個兩日一夜的訓練營。我們希望能透過是次訓練營提升學生們的自信心、責任感、以及解難能力。訓練營的詳情如下：

舉行日期	2025 年 8 月 27 日（星期三）至 2025 年 8 月 28 日（星期四）
活動地點	香港青年協會賽馬會西貢戶外訓練營
集合時間	2025 年 8 月 27 日（星期三）上午八時三十分
集合地點	學校禮堂
解散時間	2025 年 8 月 28 日（星期四）下午二時
解散地點	學校兩天操場
負責老師	黃志堅老師及黃愷琪老師

注意事項：

- 兩日一夜訓練營在以下情況會取消：
 - 教育局於八月二十七日上午六時宣佈全日停課；
 - 當天文台於八月二十七日上午六時發出紅色或黑色暴雨警告信號；
 - 當天文台於早上六時發出八號預警/八號或以上熱帶氣旋警告信號；
- 如果三號熱帶氣旋警告於八月二十七日當天持續到中午十二點，所有學生不用回校，是次訓練營將會取消；但如果天文台預告會在中午十二點或之前改掛一號熱帶氣旋警告信號，所有學生需在下午二時回到學校禮堂集合，活動將會按原定計劃進行。家長可到學校網頁查看最新安排。
- 學生在活動中不能使用任何電子產品。學生只可在下午六時三十分至六時四十五分致電給家長。其餘時間學校會代為保管電話。
- 如有緊急事故，家長可致電 5786-9281。該號碼只作此次活動緊急之用。
- 學生必須注意安全及遵守老師的指示。
- 學生可帶少量金錢；八達通卡更為理想。

陳瑞祺（喇沙）書院

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活動流程：

日期	時間		日期	時間	
2025年 8月27日	08:30-10:00	於學校集合及出發	2025年 8月28日	08:15-09:00	早餐
	10:00-13:00	活動		09:00-12:00	活動
	13:00-14:00	午餐		12:00-13:00	午餐
	14:00-18:00	活動		13:00-14:00	回校及解散
	18:00-19:00	晚餐			
	19:00-22:00	活動			
	22:00	休息			

建議可預備的物資：

汗衣	運動服裝	毛巾
風襖	牙膏牙刷	蚊怕水
拖鞋	沐浴露及洗頭水	藥物（如需要）
波鞋	防曬用品	水樽
雨傘	雨衣	筆

此致

各準中一家長



陳瑞祺（喇沙）書院校長

李寶珠 啟

二〇二五年八月二十日